MODULE 4. STUDY SKILLS

## SAMPLE ACTIVITY 4.2 – B

### Name of the student:

Instructions: Please answer the following questions and upload the document to the platform.

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| When you sit down to study, what do you do first? |
|  |
| Do you use a specific study method? |
|  |
| List the steps you follow when you study. |
|  |
| Which benefits did you get from working with the different strategies used in this activity? |
|  |
| Which would be your ideal study method? |
|  |
| Describe the characteristics and expected benefits of each of the strategies used in this activity. |
|  |
| After this activity, will you change any aspect of your study routine? If so, which ones? |
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