MODULE 1. PERSONAL WELLBEING – SOCIAL SKILLS

## SAMPLE ACTIVITY 1.1

### Name of the student:

Instructions: Please answer the following questions and upload the document to the platform.

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| Which activity did you choose? |
|  |
| Who did you participate with? |
|  |
| Did you find it easy to communicate with the other student/s? Why? |
|  |
| Did any participant have any difficulties understanding the rules of the activity? If so, what was done to solve it? |
|  |
| Write a brief summary about things that you have noticed or learned about the other participants that you didn’t know before (e.g. they have siblings, they like sports, they are nice, they play an instrument, etc.) |
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